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**DARTMOUTH MAN
ACCUSED OF VOYEURISM
BUT 'SLEEPWATCHER'
LINK CAN'T BE MADE** {page 3}



STAYING POWER
FUCALÉ TAKES
HEAVY WORKLOAD
IN STRIDE {page 17}



HALIFAX

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Thursday, February 16, 2012
www.metronews.ca



News worth sharing.

Charges in prisoner escape

► Three Dartmouth schools were in lockdown during incident ► Sheriff's van was damaged during getaway



**JENNIFER
TAPLIN**
@METRONEWS.CA

A daring inmate escape in Dartmouth Wednesday morning was right out of a Hollywood movie.

Thomas Arnold Jones, 48, was in the back of a sheriff's van on Highway 111 on the way to Dartmouth provincial court at 9:30 a.m. when he allegedly escaped out the back and ran off while the vehicle was in motion.

"How he escaped and what happened is going to be a part of our investigation we've launched," said Dan Harrison, spokesman for the Department of Justice.

There were seven other inmates and two sheriffs in the van at the time. The van continued on to the Dartmouth courthouse.

While Harrison said it's policy to put handcuffs and leg irons on prisoners before they are transported, reports suggest Jones wasn't handcuffed at the time of the incident. But Harrison said their initial reports show policy was followed.

Halifax Regional Police searched the area from Highway 111, Pleasant Street and Portland Street.

There were unconfirmed sightings of Jones checking out several cars in the parking lot on Pleasant



► Thomas Arnold Jones

Street. When a woman outside the Great Canadian Dollar Store on Pleasant Street yelled, he is said to have run off towards the Ultramar gas station.

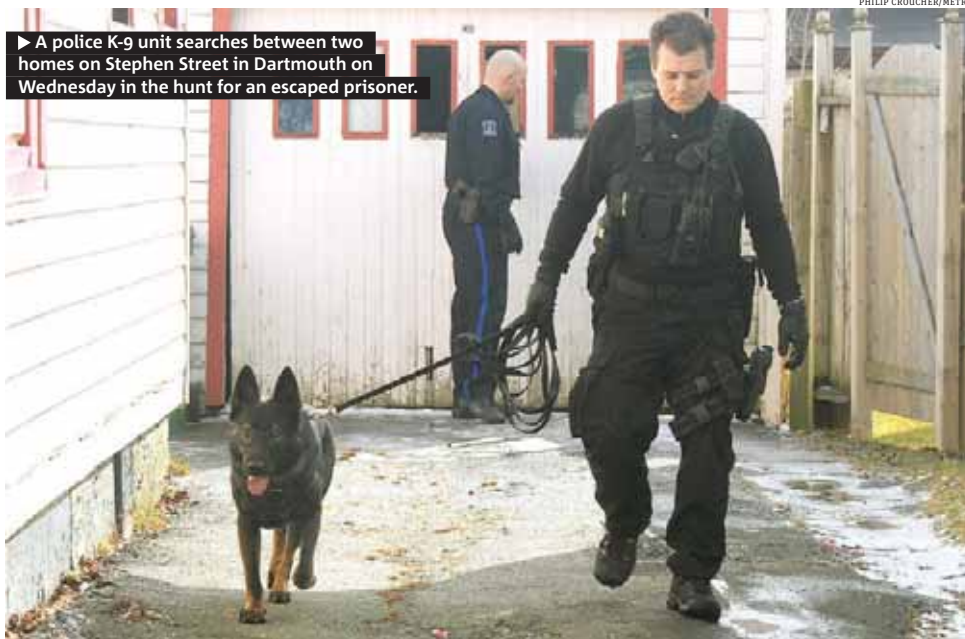
Halifax police spokesman Const. Brian Palmeter said Jones had been on the lam for four hours when he called police and was arrested on Marilyn Drive at 1:30 p.m.

At the time of his arrest, Palmeter said Jones didn't have handcuffs on and his leg shackles were broken.

Jones was on his way to court for sentencing on a break-and-enter charge, but he is also charged with a number of offences including arson, uttering threats, assault and unlawful confinement.

More coverage {page 3}

► A police K-9 unit searches between two homes on Stephen Street in Dartmouth on Wednesday in the hunt for an escaped prisoner.



Rap sheet

Thomas Arnold Jones was taken directly to Dartmouth provincial court following his arrest and charged with escaping lawful custody and property damage.

Here are his previous charges from 2011:

- 14 counts of failure to comply with conditions.
- 4 counts of assault.
- 4 counts of uttering threats.
- 2 counts of being unlawfully in a

dwelling house.

- 2 counts of intimidation of justice-system participant.
- 2 counts of unlawful confinement.
- 2 counts of arson.
- 2 counts of break-and-enter.
- 10 counts of mischief.

If any of these define you...

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- love an adventure
- are the creative type
- want to make a difference
- are very organized
- have a knack for detail

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Residents have run-in with prisoner

After four hours of searching Dartmouth streets and backyards, police finally apprehended an escaped prisoner on a quiet residential street.

According to witnesses, Thomas Arnold Jones was arrested at a duplex located at 19 Marilyn Dr.

A woman at that residence spoke briefly to media, identifying herself as Jones' aunt.

"I don't want five minutes of fame," the woman yelled.

"You go talk to my



► A motorist capturing a photo of Wednesday's prisoner's escape from a sheriff's van on Highway 111.

nephew (Thomas Jones). You go talk to him. Go talk to the police officer."

She requested reporters leave her property before slamming the door.

"Oh my Jesus, wait till my husband comes home and I say (he) missed it all."

NANCY MOIR

A neighbour across the street from the home saw two police officers arrest Jones at about 1:30 p.m.

"My husband called me. He said, 'Nancy, lock our doors.... There's a prisoner escaped,'" Nancy Moir said. "I just couldn't believe it."

Moir said she did not see where the officers apprehended Jones — whether in the home or behind it. "I hadn't a clue whether he'd been back in the woods or where he came from," she added.

"Police put a pair of (rubber) boots and something else in the trunk."

Jones evaded police for four hours after allegedly escaping from the back of a moving sheriff's van en route to Dartmouth provincial court.

● ALEX BOUTILIER

Voyeurism charges laid

► Police chief says insufficient evidence to connect Barry Sinclair to 'sleepwatcher' crimes



ALEX BOUTILIER
@METRONEWS.CA

Police have accused a 49-year-old Dartmouth man of five counts of voyeurism and two counts of break-and-enter.

But Halifax Regional Police Chief Frank Beazley says there is insufficient evidence to link Barry Edward Sinclair to the man or men colloquially known as the "sleepwatcher," where numerous women since 2008 awoke to find someone watching them sleep in Halifax's south end.

Beazley did say Sinclair had been apprehended last fall in relation to two break-and-enters in the early hours of Sept. 15, 2011.

Sinclair was apprehended that morning and questioned by police, but later released.

"After Mr. Sinclair was released on Sept. 16, officers ... were tasked with monitoring him," Beazley told reporters at a media conference on Wednesday at HRP headquarters. "On Sept. 17, 2011, at approximately 4:10 a.m., they observed him go behind a residence located in the 1300 block of Birmingham Street."

According to police, Sinclair was found on a back deck near a window, and subsequently charged with trespassing by night

and resisting arrest.

A search of Sinclair's Dartmouth residence turned up drugs, as well as pictures of four women who appear to have been photographed inside their homes and without their knowledge, police say.

After police released those photos to the media, three women came forward, ultimately leading to the charges against Sinclair.

Beazley said the charges against Sinclair are consistent with previous break-and-enters in Halifax's south end involving a man watching young women as they slept.

"But because of lack of evidence, because people could not identify (the suspects) ... it would be impossible for us and we haven't been able to connect all the various break-and-enters in the south end," he said. "So that's why we're telling people this man's been arrested, but also continue to practise safe practices."

Beazley said only the four photos released publicly were recovered.

Sinclair did not appear in a Halifax provincial courtroom Wednesday morning.

He is scheduled to appear again on March 13.



► Barry Edward Sinclair, 49, of Dartmouth is escorted out of Halifax provincial court Wednesday. Sinclair is charged with five counts of voyeurism and two counts of break-and-enter.

Case timeline

- **Sept. 15, 2011:** Two break-and-enters, one on South Street and one on Shirley Street, led to police questioning Barry Edward Sinclair. Sinclair is released.
- **Sept. 17, 2011:** Police observe Sinclair on a back

deck on the 1300 block of Birmingham Street. Sinclair is charged with trespassing by night and resisting arrest.

- **Sept. 18, 2011:** A search of Sinclair's home nets drugs, four photos of scantily clad women. Sinclair is remanded into

custody.

- **Sept. 29, 2011:** Police release photos of four women, three later identify themselves.
- **Feb. 15, 2012:** Police charge Barry Edward Sinclair of break-and-enter and voyeurism.

1

news



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Josh Dueck, Kimberley, B.C.'s newly famous paraplegic stunt skier, hits the Ellen show. Watch at metronews.ca/video

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Union denies agreeing to conciliator

► Transit talks remain stalled as strike heads into Day 15



JENNIFER
TAPLIN
@METRONEWS.CA

An argument over conciliators was the focus of Day 14 of the Metro Transit strike.

The Nova Scotia Federation of Labour said they were unaware of any new provincial conciliator being appointed to resume negotiations.

The comments came after Mayor Peter Kelly announced on Tuesday night that Ken Zwicker, the province's lead conciliator, would be taking over and Halifax regional council would not consider arbitration.

The federation held a press conference in Grand Parade on Wednesday afternoon to discuss the mayor's comments.

"There has not been another person appointed," Rick Clarke, the federation's president, told a throng of reporters. "There's a lot of bargaining coming up and if we can't have honesty and trust across the table then



► Rick Clarke

it's going to have a major negative impact on where we're going."

Clarke said that, based on his information, Zwicker was never officially appointed.

But Kelly confirmed HRM staff met with Zwicker Tuesday afternoon.

"I don't know where they're getting their information from, but (it's) definitely misinformation," he said.

Ken Wilson, president of Amalgamated Transit Union Local 508, said he talked to Zwicker Wednesday

7

The amount of days since the two sides last met for negotiations.

day morning and Zwicker told him that the first he heard of being appointed conciliator was when he read it in the newspaper.

"We don't need a new one, it would be the third one," Wilson said, adding arbitration is the best way.

Wilson said he was asked back to the table by Zwicker but replied that he would do so only if rostering was left out of the discussions.

Wilson said Zwicker then told him the employer would never go for that.

Deborah Bayer, spokesperson for the Department of Labour, said they offered Zwicker to help and he will be officially appointed when both sides agree to it.

● WITH FILES FROM PHILIP CROUCHER AND ALEX BOULTIER



► Amalgamated Transit Union Local 508 President Ken Wilson leads union members over the Macdonald Bridge during a march to demand binding arbitration in the transit strike on Tuesday afternoon.

End transit strike: N.S. Human Rights Commission

The CEO of the Nova Scotia Human Rights Commission is calling for an end to a two-week-old public-transit strike.

David Shannon said Wednesday there aren't enough wheelchair-accessible taxis in the city to support people with disabilities.

He said the city and the union representing about 750 bus drivers, ferry

workers and maintenance staff should be aware of the needs of people with disabilities.

His comments come a day after city council rejected the union's proposal to go to binding arbitration, meaning the strike continued through a 13th day.

The city later announced it will begin offering limited bus service on

Monday to people with disabilities who are registered Access-A-Bus users for transportation to and from medical and specialist appointments.

City spokeswoman Shaune MacKinley estimates the limited service will provide about 35 per cent of the roughly 500 trips a day normally provided to people with disabilities.



► Peter Kelly

Mayor Peter Kelly said in a news release the decision was made to have management staff start driving the vehicles because the strike was causing distress and suffering to vulnerable residents.

The strike began Feb. 2 after the city and the union reached an impasse over the scheduling of shifts for bus drivers.

THE CANADIAN PRESS

First step

► David Shannon says the decision to offer limited Access-A-Bus service is a good first step but he'd like the city to find a way to provide transit for people with disabilities to go to work and social appointments as well.

Making a Bee-line to Halifax

Samantha Bee of The Daily Show with Jon Stewart fame is one of the headliners for the 17th annual Halifax ComedyFest, it was announced on Wednesday. Other notables include Ger-



► Samantha Bee

ry Dee, Greg Proops, Alonzo Bodden, Derek Edwards, Mark Critch and Steve Paterson. The event runs from April 25 to 28. ● METRO

Call centre to hang up on staff

A Dartmouth call centre is poised to lay off some employees.

On Wednesday, Cincinnati-based Convergys told workers at its Highfield Park Drive location that one of the company's clients will be closing a customer-service wing

with the company.

The service will be rolled back between the end of February and mid-April.

In a written statement, Convergys spokeswoman Amy Williams said the company expects many of the employees will qualify

to work from home.

A phone interview was declined.

"Employees who do not transition to another position will receive professional support through Convergys' Employee Assistance Program," she wrote. ● ALEX BOULTIER

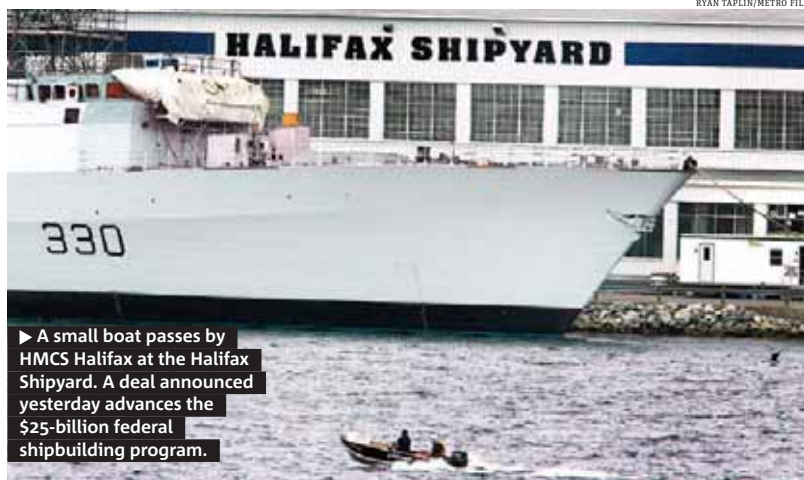
Jobs

► How many jobs will be affected is not known.



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RYAN TAPLIN/METRO FILE



► A small boat passes by HMCS Halifax at the Halifax Shipyard. A deal announced yesterday advances the \$25-billion federal shipbuilding program.

Ottawa signs umbrella deal with Halifax yard

► Prime minister said in January that the feds had agreement in principle with the Irving Shipyard

The federal government has signed an umbrella agreement with the Irving Shipyard in Halifax, a step toward building Canada's next fleet of navy ships.

The agreement will help ensure that negotiations with suppliers are fair and reasonable, Defence Minister Peter MacKay said in a news release on Wednesday.

In October, Ottawa announced that the Halifax Shipyard would receive the lion's share of its \$35-billion national shipbuilding procurement project.

The Seaspan Marine Corp. shipyard in Vancouver will construct seven vessels under an \$8-billion contract for non-combat ships.

21 The number of combat vessels the Irving Shipyard will build under its \$25-billion deal.

Another \$2 billion for smaller vessels has yet to be allocated to another shipyard.

Prime Minister Stephen Harper had already announced in January that Ottawa had an agreement in principle with the shipyards. The news release says the deal sets out long-term arrangements for how individual ship contracts will be negotiated.

Irving spokeswoman Mary Keith says efforts now will shift to finalizing the design and engineering on the Arctic offshore pa-

trol vessels, the first ships that will be constructed.

"Concluding the umbrella agreement also allows us to undertake the next steps in infrastructure improvements at the shipyard," she said.

MacKay repeated his message that the federal project will create needed jobs in the Atlantic region.

"This agreement helps the parties negotiate fair and reasonable contracts, and will lead to well-paid, highly skilled jobs for Nova Scotians across our great province," he said.

NDP MP Peter Stoffer has said there are concerns that some of the best-paid work on the ships may end up being shipped offshore.

THE CANADIAN PRESS

SHOCK TREATMENT

Knife-wielding senior zapped with Taser: Cops

Halifax police say an elderly man was Tasered two times after he produced a knife and chased an officer inside a residence and then back outside.

RCMP say at about 6:40 p.m. on Wednesday,

the officer went to a residence in the 1900 block of Highway No. 7 regarding a mischief complaint.

After the officer was chased by the man, three plainclothes officers with Halifax Regional Police came to the assistance of the Mountie, who Tasered the senior twice before they managed to take him into custody.

Police say a knife was seized at the scene and the man was taken to hospital for assessment. He has been charged with assault with a weapon. ● PHILIP CROUCHER

St. Pat's case broadcast live

A live webcast of a hearing on the future of the St. Patrick's-Alexandra School property can be viewed by the public today. The case begins at 11 a.m. at Nova Scotia's Supreme Court and pits three community groups against HRM and Jono Developments Ltd., which want to develop the former school into a mix of condominiums and rental apartments. The link can be found at courts.ns.ca under the "News" heading.

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Gun registry bill passes House

► On life support after Tory win in Commons ► Senate will pull plug

Federal Tories erupted in cheers Wednesday after finally securing House of Commons approval to scrap the controversial long-gun registry.

The Harper government used its majority to pass the bill by a vote of 159-130, with the support of two maverick New Democrats — John Rafferty and Bruce Hyer.

All other NDP, Liberal, Bloc Québécois and Green MPs voted against it.

"Many of us have waited for this day for a very long time," said Public Safety Minister Vic Toews.

Toews said the registry — created by Jean Chrétien's Liberal government after the massacre of 14 women at Montreal's École Polytechnique in 1989 — is

"a billion-dollar boondoggle" that does nothing but penalize law-abiding hunters and farmers.

"It does nothing to help put an end to gun crime, nor has it saved one Canadian life," he argued.

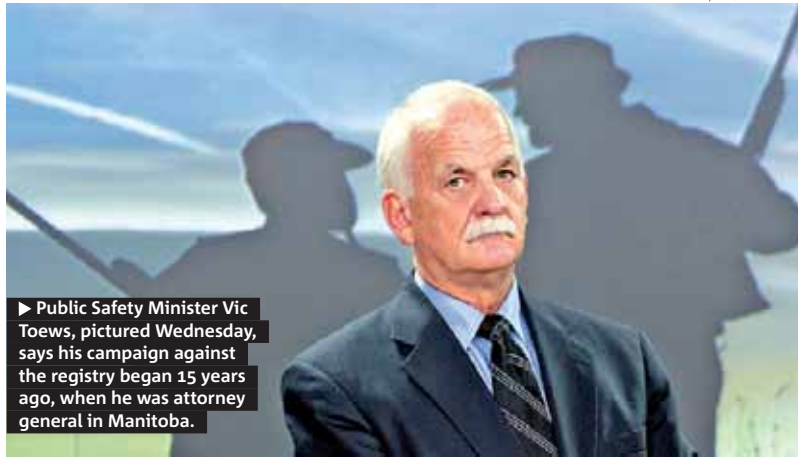
The vote effectively puts the registry on life support. All that remains is for the Senate to pull the plug.

Since the Tories enjoy a commanding majority in the upper chamber as well, the registry's fate is sealed.

Women's groups and victims of gun violence expressed outrage.

Quebec says the moment the bill is enacted, the province will launch court action to prevent registry records from being destroyed.

THE CANADIAN PRESS



► Public Safety Minister Vic Toews, pictured Wednesday, says his campaign against the registry began 15 years ago, when he was attorney general in Manitoba.

Trouble in store?

What will be the fate of maverick New Democrats John Rafferty and Bruce Hyer for defying the party's line on the gun registry?

► Interim NDP leader Nycole Turmel said there will be "consequences" for them.
► But it's unclear what more she can do to the pair, who also broke ranks when the registry bill was put to a second reading

vote last November.

► At that time, Turmel suspended their travel privileges and banned them from participating in question period, sitting on committees or making public statements.

Battle over mandatory sentences brewing

The Harper government is keeping its powder dry in the face of a court judgment that delivered a broadside to mandatory minimum sentences.

An Ontario Superior Court judge ruled this week that sending a first-time offender to prison for three years for possessing a loaded, illegal gun is "cruel and unusual punishment."

Prime Minister Stephen Harper told the Commons on Tuesday: "I think Canadians believe the courts have not been tough enough in dealing with gun crime."

With mandatory minimum drug and sex sentences awaiting passage by the Senate, the battle is set to begin.

THE CANADIAN PRESS

Gasp! He'll walk a tightrope over the Falls

DAVID DUPREY/THE CANADIAN PRESS



► Nik Wallenda says he feels "like I'm on top of the world" after getting the green light for his Niagara walk.

Daredevil Nik Wallenda is eager to walk the walk after getting approval for his plan to cross Niagara Gorge on a tightrope.

The Niagara Parks Commission board gave its thumbs-up on Wednesday, reversing an earlier decision against the stunt.

Wallenda says he'll walk along a cable, five centimetres in diameter,

stretched across the gorge from the U.S. to Canada.

The board says it now has 45 days to work out details — including a date for the walk — with the man who calls himself "King of the High Wire."

Wallenda, 32, had been hoping for a day in July or August, but the commission is looking at June, before the busy

tourist season begins.

The tightrope walker, who is descended from the famous circus performers The Flying Wallendas, saw his request turned down in December.

New York Gov. Andrew Cuomo signed legislation last year allowing Wallenda to walk over the famed gorge.

THE CANADIAN PRESS

High-wire cash

► A study has suggested that live TV coverage of the event could help generate a \$120-million shot in the arm to Niagara's economy.
► An official said the board will consider requests for such events only once every 20 years, and only by skilled professionals.

Assad seeks national referendum

President Bashar Assad has ordered a referendum, set for Feb. 26, on a new constitution that would create a multiparty system in a country that has been ruled by his autocratic family dynasty for 40 years.

Assad's regime is touting the new constitution as the centrepiece of reforms aimed at ending Syria's bloodshed.

More than 5,000 have died in the regime's crackdown on protesters.

THE ASSOCIATED PRESS

Thai chief: Israeli staff targeted

Thailand's police chief said the Iranians who were arrested after accidentally setting off explosives at their rented home in Bangkok were plotting to attack Israeli diplomats.

"I can tell you the target was ... Israeli diplomatic staff," said Gen. Prewpan Dhamapong.

He also said the explosive matched devices planted on Israeli cars in India and Georgia.

THE ASSOCIATED PRESS

► A woman grieves outside Comayagua prison, where a fire broke out early Wednesday.



FERNANDO ANTONIO/THE ASSOCIATED PRESS

Prison fire kills 358, worst in a century

A fire started by an inmate tore through an overcrowded prison in Honduras, burning and suffocating screaming men in their locked cells as rescuers desperately searched for keys.

Officials confirmed 358 dead Wednesday, making it the world's deadliest prison fire in a century.

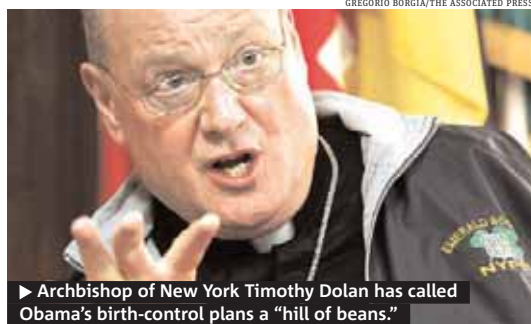
The local governor told reporters that an inmate called her moments before the blaze broke out, screaming: "I will set this place on fire and we are all going to die!"

Comayagua Gov. Paola Castro said she called the Red Cross and fire brigade immediately.

But firefighters said they were kept outside for half an hour by guards who fired their guns in the air, thinking they had a riot or a breakout on their hands.

Officials have long held little control over conditions inside many Honduran prisons, where inmates have unfettered access to cellphones and other contraband.

THE ASSOCIATED PRESS



► Archbishop of New York Timothy Dolan has called Obama's birth-control plans a "hill of beans."

The mother of an outcry

► Obama attacked over birth control ► Should employers pay for it?

Barack Obama's opponents claim he has "declared war on religion" with his efforts to require employers to provide birth-control coverage for workers.

But a Gallup survey says the U.S. president slipped just three percentage points among Catholics last week as the administration fought publicly with bishops over whether

church-affiliated employers should pay for contraception as part of their employees' health plans. An average of 46 per cent of Catholics, however, said they approved of Obama's job performance.

"A president is at some political risk if he pursues a policy that could anger Catholics," said Gallup's Jeffrey Jones. **THE CANADIAN PRESS**

A memorial for cows killed in crash?

An animal-rights group wants to set up a roadside memorial sign in western Manitoba for cows killed in a highway crash.

People for the Ethical Treatment of Animals, or PETA, is asking the Manitoba government for permission to place a sign along Highway 5 near Carberry, about 170 kilometres west of Winnipeg, where 71 cows died after a semi collided with a train on Jan. 31.

"A memorial sign will serve as a tribute to those dozens of cows who had been severely injured and killed on their way to slaughter," PETA spokesperson Emily Lavender said from Ottawa.

The sign would also be a way to draw attention to the group's concerns over how animals are treated before they reach the slaughterhouse.

"Painful mutilations, transport for often hundreds of kilometres in Canada's freezing winters and scorching hot summers and even prolonged suffering at the slaughterhouse are just the tip of the iceberg," Lavender said.

The group will likely face an uphill battle.

Manitoba has laid out a formal process for approval of such signs that usually involves relatives of the victims.

THE CANADIAN PRESS



► Silvio Berlusconi, who stepped down in November.

Italy seeks five-year jail term

Italian prosecutors have demanded a five-year prison sentence for former Premier Silvio Berlusconi in his trial on corruption charges.

Prosecutor Fabio De Pasquale on Wednesday urged the court to find Berlusconi guilty of having paid a British lawyer

\$600,000 to lie in trials involving charges of tax evasion and false accounting.

The court is racing toward a verdict before the charges expire due to the statute of limitations. De Pasquale calculated that would happen by mid-July.

This is one of several cases pending against Berlusconi, including a trial on charges of having paid for sex with an underage prostitute.

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Deep-freeze death toll rises in Europe

► Farmers concerned about their livestock are bringing them into homes ► Towns remain isolated

More than 650 people have died during a record-breaking cold snap in Eastern Europe, authorities said Wednesday, as officials in the Czech Republic blamed two massive car crashes on blinding snow.

Since the end of January, the region has been pummeled by the deep freeze, which has brought the heaviest blizzards in recent memory. Tens of thousands have been trapped in often-freezing homes and villages by walls of snow and unpassable roads, and officials have struggled to reach out to the vulnerable with emergency food airlifts.

Authorities in Russia and Ukraine reported Wednesday that more than 300 people have died in the bitter

cold in those countries.

About 100 damaged cars blocked a major highway in the Czech Republic connecting the capital, Prague, with the eastern part of the country and Slovakia. Seven people were injured in two separate accidents, authorities said, warning it could be hours before the mangled vehicles are cleared.

Some 40 cars crashed before midday Wednesday during a heavy snowstorm 300 kilometres east of Prague, injuring two people. Dozens of vehicles, including a bus, were involved in a separate crash southeast of Prague, which injured five, according to Czech public CT24 television.

THE ASSOCIATED PRESS



► A driver makes slow progress during a heavy snowfall near Veznice, Czech Republic, on Wednesday.

1 in 4 children malnourished, report says

Five children around the world die every minute because of chronic malnutrition, according to a report released Wednesday. It also said that almost half a billion children are at risk of permanent damage over the next 15 years.

The report from Save the Children said the deaths of two million children each year could be prevented if malnutrition were better addressed.

It called chronic malnutrition a largely hidden crisis that affects one in four children globally. Global hunger has fallen markedly over the last two decades, but the 2011 Global Hunger Index found that six countries have higher rates of hunger today than two decades ago. Five of those countries are in Africa. The other is North Korea.

The 2011 Global Hunger

► In this July 2011 file photo, the tiny arm of then 7-month-old Minhaj Gedi Farah, who weighed 3.4kg, is held by his mother in a field hospital of the International Rescue Committee in Dadaab, Kenya.



Index said that Congo, Burundi, Comoros, Swaziland and Ivory Coast have higher degrees of hunger today than in 1990. Kuwait, Turkey, Malaysia and Mexico have made the biggest gains against hunger.

Karin Lapping, a senior director of nutrition for Save the Children, said many Asian countries have made strides against hunger because of an explicit focus on reducing

chronic malnutrition, but that many African countries have not made that same commitment and have fallen victim to predictable cycles of drought and famine.

"When we look at successful examples in Asia like Bangladesh, they have a national nutrition program," Lapping said. "We haven't seen that to be the case in many nations in Africa." THE ASSOCIATED PRESS

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Trial begins for U.S. man accused of forcing grandsons to hike Canyon

A federal trial began Wednesday for an Indiana man accused of forcing his grandsons to hike for miles in the Grand Canyon without food or water in brutal August heat.

Christopher Alan Carlson, of Indianapolis, who is in his mid-40s, has pleaded not guilty to six counts of child abuse.

Jury selection in his trial began Wednesday and was expected to wrap up

by today. Opening statements from the prosecution and defence will follow.

Carlson's grandsons — who were 12, 9 and 8 years old at the time — told investigators that Carlson hit, pushed, choked, and squeezed them, and forced their fingers down their throats to make them vomit during trips into the Grand Canyon.

Investigators said Carl-

son told them that the boys were overweight and that he thought hiking the Grand Canyon would help get them into shape.

"He told me that he loved his grandchildren very much, but at the same time there were tough people in the world and his grandchildren needed to be tough as well," National Park Service Special Agent Chris Smith said at the time.

THE ASSOCIATED PRESS

Shopify takes innovative approach to online retail

► Ottawa company's e-stores doubled their merchandise sales in a year



► Harley Finkelstein, chief platform officer of the Ottawa-based e-commerce company Shopify.

When web shoppers buy a plush Angry Birds toy, a Foo Fighters or LMFAO T-shirt, or something from Encyclopedia Britannica, it helps fuel a small but growing Ottawa company that once

sold snowboards before getting into the e-store business.

That company is Shopify, which this week was named by Fast Company magazine as one of the 10

most innovative retail businesses in the world.

Co-founder Tobias Lutke created Shopify after realizing back in 2005 just how difficult and expensive it was to launch a web business.

"Today, almost six years later, we have over 20,000 active stores selling one or more products every month in more than 80 countries," said Harley Finkelstein, Shopify's chief platform officer. **THE CANADIAN PRESS**

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14,000
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DUE TO STROKE.**

Please donate this February at
heartandstroke.ca
and make death wait.



Target Canada partners with Starbucks

Discount retailer Target Corp. is partnering with Starbucks to bring coffee

shops into its new Canadian stores. The U.S. chain picked the Seattle-based coffee company to open in the majority of its up to 135 Target stores, it said Wednesday. **THE CANADIAN PRESS**

Cisco challenges Skype takeover in EU court

Networking company Cisco said Wednesday that it is challenging Microsoft's \$8.5-billion US takeover of Skype at the European Union's top court to ensure Microsoft won't block other video-conferencing services.

Microsoft completed the deal in October shortly af-

ter the European Commission, the EU's competition regulator, cleared the takeover. Microsoft hopes that owning Skype will allow it to better compete with other tech giants including Apple or Google.

Microsoft said it was confident it would prevail in an appeal. **THE ASSOCIATED PRESS**

GREEK CRISIS

Eurozone doubts persist over bailout plan

Greece has made progress convincing the rest of the eurozone that it should get a \$170-billion US bailout — but the country's austerity efforts will need much tighter surveillance, the chairman of the eurozone's finance ministers said Wednesday.

However, in a sign of the deep distrust that has built up — especially among rich euro nations like Germany, the

PETROS GIANNAKOURIS/THE ASSOCIATED PRESS



► Greek Finance Minister Evangelos Venizelos

Netherlands and Finland — Jean-Claude Juncker, the prime minister of Luxembourg who also chairs the finance ministers' meetings, said better surveillance mechanisms had to be set up before new aid could be released. **THE ASSOCIATED PRESS**

January home sales down

Canadian home sales posted their biggest monthly decline in a year and a half in January, suggesting the long-expected market

slowdown may finally be on its way.

The Canadian Real Estate Association said Wednesday that sales of existing homes fell 4.5 per cent to a seasonally adjusted 38,294 in January from 40,115 the previous month.

THE CANADIAN PRESS

Market moment

TSX	Dollar	Oil	Natural gas
+ 7.56 (12,362.03)	+ 0.04¢ (100.09¢ US)	+ \$1.06 US (\$101.80 US)	\$2.43 US (- 11¢ US)
			Gold \$1,728.10 US (+ \$10.40 US)

PHOTOS: AS OF 5 P.M. WEDNESDAY

I live the
IAMS difference
everyday

SEE THE
IAMS
DIFFERENCE
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STRONG, LEAN MUSCLES

HEALTHY DIGESTION

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SURVIVAL OF THE KINDEST

HE SAYS ...

JOHN MAZEROLLE
METRO



If Canada is known for one thing, it's a history of excellent game shows.

That's why the creators of Survivor, which is currently airing its 24th season, decid-

ed the 25th anniversary season would be filmed in its most treacherous location ever! Here's the transcript.

SURVIVOR: CANADA!

[A beaver grows. The McKenzie brothers chant.]

Bob and Doug: Koo-loo-koo-koo-koo-koo-koo-koo!

Host Jeff Probst: Welcome. For the next two months, a group of American strangers will be stranded ... here ... in "Canada" — a Grizzly-infested peninsula somewhere north of Minnesota. Let's meet our castaways. First — Jimmy, a retired military officer who's about to snap.

Jimmy: You'll all be sorry! The camera crews can't protect you forever!

Probst: Amanda, an exotic dancer known for her enormous wits.

Amanda: My cousin Mary lives here. Do you know her?

Probst: Agnes, a sweet old woman who will be eaten alive by the other contestants, perhaps literally.

Agnes: Let's all play fair.

Probst: And Vance, who inexplicably believes this show makes him a star.

Vance: Hey, America! How you doin'?

Probst: The contestants will be split into groups whose names reflect the local culture: Team Toque and Team Chesterfield. The first competition is a Great Canadian Challenge: Castaways must get their frostbite treated through Medicare. And go!

[The contestants stand in line for three months.]

Probst: Oooh, time's up. I'm afraid nobody wins immunity. And now let's watch as contestants have some introspective time alone with a camera crew and 13 million viewers.

Vance: Everything's good. If I lose, I can get my break in Canadian cinema. That exists, right?

Amanda: It's weird here. Canada's like a whole other country, you know?

Agnes: Everyone's been so nice. Even those squeegee kids who stole our things were very polite.

Jimmy: You took my gun! What kind of place is this?

Probst: It's time for Tribal Council! The results have been counted and, in true Canadian fashion, only one of you voted! Agnes is eliminated.

Agnes: I voted myself off. You all deserve it more.

Probst: Because this is Canada, the tribe must form a subcommittee that will report back on what went wrong for Agnes. Also, Agnes has the right to a lengthy appeals process. The tribe has spoken, Agnes. You can't win the appliances.

Vance: Appliances? What about the million dollars?

Probst: No, sorry, the prize is a lovely Whirlpool washer and dryer, making it the largest award ever on a Canadian game show! That's all for this week. Join us next time, when our castaways face their toughest challenge: One hour with Nickelback! Who will survive?

All: We quit.

Probst: It's still better than Bumper Stumpers.

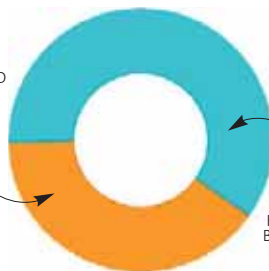
.....
Read more of John Mazerolle's columns at metronews.ca/hesays



Register at
metropolitanpanel.ca
and take the quick poll

What do you think of Chris Brown performing at this year's Grammys

40%
HE'S EARNED
ANOTHER
CHANCE



60%
HE SHOULD BE
BANNED FROM
THE STAGE

Local tweets



@paulbrandt:
Halifax! You

rocked! Thanks so much, can't wait to see you again. "In a world where the crowd rocks hard..." #paulbrandt #calgarystampede

► @ErinMeagher: One of the best concerts I've been to in a long time #paulbrandt #halifax #smalltownsandbigdreams

► @LauraMercer: Love in the big bang when they say halifax nova scotia .. #nerd #pumpt #ilu

► @Allisomething: I will nev-

er forget that Halifax left the elderly, the underemployed, and the young to fend for themselves in winter. Never.

► @llamaiaam: #TransitStrike #Halifax let's look at job listings to see who else is hiring at \$65k yr with benefits and 4 hour lunch hour

► @KathMcPherson: I felt bad for all the cars I saw today that had parking tickets. Was that really necessary @mayorpeterkelly? #Halifax #transitstrike

► @shionawright: Positive temperatures in #Halifax again tomorrow, #notcomplaining

Daily Zoom

Egg-cellent armour



Tank built out of egg cartons

LONDON. It looked like shell warfare at England's Imperial War Museum after the unveiling of a "tank" made out of egg cartons. Sculptor Stuart Murdoch's carton-made mockup of a Challenger II vehicle was built to launch a national egg-and-spoon race organized by Eggs for Soldiers, a charity that raises money for injured soldiers. ● **MWN**

60 seconds

All those egg boxes. You must have made many omelettes.

Actually, the egg boxes arrived empty! We were sent over 8,000 egg boxes in the end. There were moments when we didn't want to see another egg box again.

How do egg boxes compare to real steel?

I was very surprised how

sturdy they were. It wasn't a problem for me to stand on the structure. Its strength must be due to his conical shape inside.

What was the most difficult thing about making this tank?

Getting it through the door at London's Imperial War Museum. The door was too small, so we had to break it up into separate sections to get it in.

Will it stay there forever?

No. It's going outside on public display on March 4 for one day. After that, I have no idea what will happen to it. My dream is to see it retired at the Tank Museum in Dorset, southwest England.

What other curiosities have you made?

The world's largest cork — two metres high, 1.3 metres in diameter. Three tonnes of ground cork was sent from Portugal. ● **MWN**



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‘Never ceases to amaze’

► The stars will all be out on Friday night to put Halifax in A Different Stage of Mind

BACKSTAGE PASS

JENNA CONTER
METRO HALIFAX



One in five Nova Scotians live with mental health issues.

However, when you factor in siblings, spouses, friends, and co-workers, according to Lisa Mills, mental health touches us all. As president and Certified Fund Raising Executive (CFRE) of Mental Health Foundation of Nova Scotia, Mills knows there is a stigma surrounding mental illness that forces thousands to suffer in silence.

“It’s one of those health care issues that is highly misunderstood and not in the public eye,” Mills says. “When you think of people living with mental illness, the stigma is the biggest issue because public education and public awareness needs to be enhanced.”

Raising money to fund grant programs through

Details

The event details:

► **Health.** A Different Stage of Mind takes place Friday night at the World Trade and Convention Centre. For details, visit mentalhealthns.ca.



► Participants in last year’s A Different Stage of Mind event.

charitable events is the foundations biggest step forward in combating the negative stereotypes around mental illness while also providing help for those who are suffering.

For the past nine years, Mental Health of Nova Scotia has proudly presented A Different Stage of Mind, a variety show that showcases talent

from around the community.

It’s an evening where common community members are morphed into stars and rifle through their Rolodex to raise a minimum of \$40,000.

“It never ceases to amaze me,” Mills explains of the event, which is back on Friday at 8 p.m. at the World Trade and Convention Centre. “The

amount of support and the number of individuals willing to forward from the community and say, ‘I’m willing to put myself out there for somebody else’.”

This year includes CEO of Doctors Nova Scotia Nancy MacCreedy-Williams as the great Barbara Streisand; Stewart McKelvey Partner Geoff Machum, who along with

his sons Matthew and Andrew, will Rock You as Queen; the comedic genius of Source Security founder and owner Ron Lovett; the Women for Mental Health choir; and myself as the great Carole King.

We are honoured to participate in such an amazing event and hope that if talent doesn’t pay, pity will.

2 scene

Brown



Country singer Miranda Lambert doesn’t get why controversial R&B star Chris Brown was allowed to perform twice at the Grammys on Sunday. She tweeted on Monday:

“He beat on a girl...not cool that we act like that didn’t happen.” Brown beat up then-girlfriend Rihanna the night before the Grammys in 2009. He pled guilty to an assault charge and was sentenced to five years of probation and six months of community labour.

THE ASSOCIATED PRESS

Nicolas Cage admits he isn’t a vampire

Is Nicolas Cage an immortal creature running around, reinventing himself every 75 years?

People.com reports that Cage denies this unusual rumor, and says he’s not an immortal vampire whose image was caught in the Civil-War era. Cage stated as much on David Letterman’s Late Show.

“I don’t drink blood, and last time I looked in the mirror I had a reflec-

“I don’t drink blood and last time I looked in the mirror I had a reflection.” NICOLAS CAGE

tion.” Cage understands the confusion with the Tennessee man in the 1890 photo. The eBay seller claims the photograph is of a “walking undead/vampire” who “reinvents

himself once every 75 years.”

“Let me say that there is a resemblance, but how can I be polite about this. It’s a somewhat slowed-down version of me,” Cage stated,

What a way to burst our blood thirsty bubble. And there goes our True Blood dream of Cage as a real life Civil-War vampire.

► KIRSTY STEWART/
METRO WORLD NEWS



METRO WORLD NEWS



Cinephiles celebrate attention to film preservation in ‘The Artist’ and ‘Hugo’

Celebrity tweets



Been working like a crazy bitch all day. Need to smoke a joint or something; or maybe just a good punch in the face. PROPS PROPS PROPS.



@ladygaga

@stephenfry



It's 6.50 am in Sydney. Got an hour or so to wait till the flight to Wellington and then I shall finally be in Hobbity-Hobbit land. Hurrah.

Will Bobby attend Whitney's funeral?

ALL PHOTOS GETTY IMAGES

THE WORD

DOROTHY ROBINSON
SCENE@METRONews.ca

Whitney Houston's funeral will be held on Saturday at her childhood church, the New Hope Baptist Church in Newark, the church pastor said Tuesday night.

The invitation-only funeral will probably be attended by 1,500 or so people, with the public not invited.

But there's one person whose inclusion on the invite list is still up in the air: Houston's ex-husband, Bobby Brown.

Tmz.com reports that

the singer is "extremely disappointed" after hearing that several members of Houston's family do not want him to attend Saturday's service.

Apparently, Houston's family isn't "fond of him" (um, understatement of the century, TMZ).

The site reports that Brown wants to go to support Bobbi Kristina, but hasn't "decided on a plan of action yet."

However, we do know Brown will be on the East Coast as he is scheduled to perform with his group New Edition on Saturday at the Mohegan Sun Arena. The Sun's publicist sent out a release yesterday saying that, as of then, Brown was still scheduled to perform.



► Bobby Brown and Whitney Houston

Winslet doesn't want to see herself in 3D

Kate Winslet is bracing herself for the 3D re-release of *Titanic* 15 years after it originally came out.

The actress has already seen 17 minutes of footage, and it wasn't necessarily a pleasant experi-

ence.

"I was literally like, 'Oh my God, make it stop. Is that me? Oh my God, that's me. Block my ears, somebody. Somebody club out my senses. Make it f---ing stop,'" Winslet tells *USA Today*. "I'm sure I wasn't really a very good actress. Seriously, we are talking about something that happened 15 years ago. It is a very long time ago."

Don't worry, Kate. We have a feeling everyone in the audience will have the exact same reaction.

● METRO



► Kate Winslet

Brown brushes off his haters

Good work, America. Chris Brown is taking all of the negative attention people have showered on him since Sunday's Grammy Awards to heart and is now on a Twitter rampage about it. He tweeted last night: "HATE ALL U WANT BECUZ I GOT A GRAMMY Now! That's the ultimate F-CK OFF!" You know who else got a Grammy? Milli Vanilli. So don't put yourself in such high esteem there, buddy. ● METRO



JILL'S SISTER IS GONE & WE NEED YOUR HELP TO FIND HER!

Visit clubmetro.com for your chance to **WIN** a prize pack and opt in to join the GONE challenge.

Solve the clues and you could WIN more prizes, including \$500 CASH!



To register and for full contest details visit clubmetro.com

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Petro-Canada Gift Card is valid until March 11, 2012.

**SHOPPERS
DRUG MART**



- New York's biannual fashion week strikes a final pose today
► Check out five fabulous shows that had us anxious for next fall to arrive

New York runway roundup



KENYA HUNT &
TINA CHADHA
LIFE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

3

life


DONNA KARAN COLLECTION

Karan opened with her Casual Luxe collection, which, according to the press notes, was "tailored for the streets of New York" yet on the runway appeared to stem from Balmoral Scotland. These were heavily-layered cold-weather looks with cosy, chunky shearling outerwear: oversized tartan blanket knits and sweeping kilts. It was a strong, covetable collection.



JASON WU

For Wu, the process of transforming his soft and über-feminine muse into a proper badass force to be reckoned with meant going back to his Chinese roots, and exploring images of the country throughout history from the Qing dynasty to the Mao jacket. That translated into a series of beautifully-executed military coats and jackets loaded with rich Far East details and innovative construction.



RAG & BONE

As temperatures in New York dropped, Marcus Wainwright and David Neville's dense layering didn't seem like a bad idea. Who wouldn't want a chic and cosy blanket coat to toss over a trouser suit like this strong opening look? The only problem is that heavy layering can only go so far before it adds awkward lumps. Look for their perfectly cool separates and coats in stores, but maybe play with layers before imitating this runway styling.



MARC JACOBS

Marc Jacobs, New York's most prominent and influential architect of trends, showed a directional collection of multi-layered ensembles that made subtle nods to the Queen's land. From the first look out — a giant, furry Stephen Jones' hat and piled-on outfit that included a cape worn over a voluminous coat on top of a slick, tiled, opalescent, dress over cropped trousers and pilgrim shoes — the show had an air of madcap sobriety to it.



THAKOON

There was a polished sophistication to Thakoon Panichgul's clothes, best exemplified in the dresses and ruffled coats shift. But there were twists: a coat-dress pinched at the waist seemed prim until the model turned the corner, where sexy black leather cut-outs in the back were revealed. The designer then kicked the feminine factor into high gear with sweet peacock feather embroidery and a palette of bright fuchsia and cranberry.

Face first

Blemish-be-gone

Most of us are told in our teens that outbreaks of blemished skin will cease once we've reached our 20s. But unfortunately for many people, blemishes and excess oil production persist beyond adolescence — and for some it doesn't flare up until adulthood.

So we love that SkinCeuticals has developed an entire line specifically dedicated to taking on adult acne and aging skin. Find out more at skinceuticals.com.

● METRO



SKINCEUTICALS
BLEMISH + AGE
DEFENSE

Jeanne Space



@Jeanne_Beker:

NYC here I come! And surprise - the lovely + talented @Joey-Oneil is coming along with me. Hope to grab some mom + daughter time on the job!



In this hectic modern world, Twitter has become a cool and succinct way of communicating. It allows me to be accessible, instantly speak my mind, and connects me with all kinds of people. Whether it's a fashion question or you just want to comment on life's bigger picture, I'd love to hear from you.



► Backstage as @CocoRocha gets her Geisha-style make-up applied by MAC's Kabuki for Zac Posen.



► J. Crew rocks! Lots of delightful pieces to mix + match...



► Betsey Johnson's better than ever at almost 70!!! Says she may be doing a reality show this fall..



Student designers from Montreal, Toronto and Halifax winners in Tello contest

A bachelor pad on its way up

► As our living space gets smaller, we need to get more creative with storage

DESIGN CENTRE



KARL LOHNES
HOME@
METRONEWS.CA

With condos getting smaller and our need for consumption ever-growing, it's time to look at displaying our stuff up and off the floors and tables.

Freeing up the floor, counters and tabletops is the best way to make your space look more spacious and organized.

Listen up

Investing in wall-hung electronics keeps consoles clutter-free. Just remember to hide the cords. Flat-screen TVs, stereos and speakers are all available to be hung instead of taking up valuable console space.

The BeoSound 8 from Bang & Olufsen (\$1,200) can be wall-mounted and displays tablets and plays other sound devices.

Entertain it

Creating an entertainment

Give it a lift

- Install a floating shelf above each bedroom door and in upper closets.
- Stack your towel bars on the wall; bottom ones for bath towels and upper ones for hand towels.
- Free up kitchen counter space with under-cupboard coffee makers and toaster ovens.

centre doesn't mean adding another cabinet to the living room; simply mount everything under existing cupboards.

Under cupboard racks and wall shelving keeps all bar accessories at hand.

The 6-bottle Wine And Glass Rack from Bed Bath & Beyond (\$40) keeps the well-stocked bar in view at all times.

Hang it

Hooks keep everything off the floor. Put them everywhere: behind doors, inside the walls of closets and under the island bar; a great place to hang a purse



► The BeoSound 8 audio system, Bang & Olufsen



► Under-counter storage



► UMBRA's five-hook rack

or shopping bag.
The Flip Coat Rack from

UMBRA (\$30) has hooks that hinge down when in need and tuck away when not in use. No more sore shoulders on the way to the bathroom at night.



► Creatively display your collections with a variety of shelf options from West Elm.

Display it

Don't let your collections just sit around — lift them up for display. Put interesting objects at eye level and in plain view.

The Wall Hung Display Shelves from West Elm (starting at \$20) allow you to be creative and show off all your special things.



► Larger-size clothing needs bigger hangers.

DON'T GET BENT OUT OF SHAPE OVER L'IL HANGERS

CHARLES THE BUTLER



ASKCHARLES
THEBUTLER@
METRONEWS.CA

FOR MORE, VISIT
CHARLES
MACPHERSON.COM

Dear Charles the butler, I am facing a really strange problem. My husband wears leather jackets in size XL. However, the jackets bought from Roots, Danier, etc. come with a hanger that seems to be too small for the XL jackets.

They leave at least two inches of shoulder hanging unsupported by the hanger. The jackets are getting out of shape really quickly. What should I do? Please help.

Thank you,
Trish

Dear Trish, I have a couple of suggestions that should give you some good solutions for this problem.

Firstly, a strange but good temporary solution would be to cut some paper towel tubes lengthwise and place one on each side of the hanger where the coat hangs,

thus elongating the hanger by a few inches to at least give the coat some stability and shape until a proper hanger can be found.

This may be hard to imagine, but the paper towel tube can be adjusted to the length you need and really does work on a short-term basis.

Secondly, look up a larger-size clothing store in your area and see if they will sell you a few oversized hangers that will properly fit the coats.

If that fails, Wm. Prager Ltd., sells hangers to the trade (and my butler school) so they have a

very large inventory and are a great Canadian source.

And finally, the Rolls Royce solution is Henry Hanger in New York City. They manufacture any size hanger you could ever want or need and will even put your initials on the hanger should you so choose!

I know this last option is extreme, but I have used them for some of my very fancy clients and they are really good and will solve the problem.

HAVE A QUESTION? SEND A MESSAGE TO ASKCHARLESTHEBUTLER@METRONEWS.CA

Infusing robust Moroccan flavours

- Turkey cutlets and vegetables are imbued with the tastes of the northern African country
- This warming winter dish is best served over steaming Israeli or traditional couscous

Preparation:

- 1 Cook couscous according to package directions.
- 2 In a resealable bag, combine turkey with 2 ml (1/2 tsp) each of the paprika, cumin, salt and pepper and half of the oil. Marinate for at least 30 minutes and up to 1 day.
- 3 In a large, non-stick skillet, heat remaining oil over medium-high heat. Brown turkey on both sides and transfer to a plate (it will not be cooked through).
- 4 Cook onion until tender, about 5 minutes. Stir in carrots, fennel and remaining paprika, cumin, salt and

Ingredients:

- 250 ml (1 cup) Israeli or traditional couscous
- 5 ml (1 tsp) paprika, divided
- 5 ml (1 tsp) ground cumin, divided
- 5 ml (1 tsp) each sea salt and fresh cracked pepper, divided
- 30 ml (2 tbsp) olive oil, divided
- 4 turkey cutlets
- 1 small onion, peeled

- and sliced
- 2 carrots, peeled and sliced
- 1/2 fennel bulb, sliced
- 125 ml (1/2 cup) chopped dried apricots
- 125 ml (1/2 cup) pitted olives, halved
- 125 ml (1/2 cup) orange juice
- 125 ml (1/2 cup) turkey or chicken broth
- 50 ml (1/4 cup) fresh chopped parsley

pepper and cook for 3 minutes. Sprinkle with apricots and olives, pour in orange juice and broth, scraping up any brown bits from the bottom of the pan. Nestle turkey into vegetables, reduce heat to medium-low to

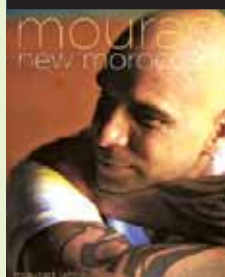
maintain a simmer, cover and cook until turkey is cooked through and vegetables are tender-crisp, about 15 minutes. Sprinkle with parsley and serve over couscous.

ONTARIO TURKEY/
THE CANADIAN PRESS



► This recipe serves four.

Weekly Cookbook



After spending the last decade and a half at his Michelin-starred San Francisco restaurant developing modern Moroccan cuisine, Mourad Lahlou takes his culinary talents to his book *New Moroccan*.

The book is anything but a dutifully authentic documentation of Moroccan home cooking. The 100-plus modern recipes are illustrated with food and location photography. Among them are: Lamb Shank with Spiced Prunes and Brown Butter Faro, Chickpea Spread, Grilled Flatbreads and more.

Stuffed-roasted lamb affair to remember

Preparation:

- 1 In sauté pan heat 15 mL (1 tbsp) of oil over medium heat. Add onion, season with salt and 1 mL (1/4 tsp) of pepper and cook 4 mins. or until onion is soft and translucent. Add apple and cider vinegar; continue to cook 4 mins. or until apple is soft. Remove from heat; cool slightly.
- 2 Lay lamb flat on cutting board and make horizontal cut through centre of lamb and open two sides like a book. Place cooled apple mix inside and close two sides of lamb. Using butcher twine, gently tie lamb to enclose filling and ensure even cooking.



- 3 In bowl, combine rosemary, thyme, sea salt and remaining pepper and oil; stir to combine. Gently rub rosemary mix over surface of lamb.

- 4 Place stuffed lamb in lightly oiled roasting pan and roast in 190 C (375 F) oven basting occasionally with pan juices 40 to 50 mins. or until thermometer regis-

ters 70 C (160 F) for medium rare or desired doneness, remove pan from oven and let lamb rest 10 mins. before slicing. **ONTARIO APPLE GROWERS, ONAPPLES.COM/ THE CANADIAN PRESS/ADAPTED BY EMILY RICHARDS, A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDS-COOKS.CA.**

Ingredients:

- 45 mL (3 tbsp) canola oil
- 45 mL (3 tbsp) diced onion
- 1 mL (1/4 tsp) salt
- 6 mL (1 1/4 tsp) black pep-

per

- 250 mL (1 cup) peeled, cored and diced apple
- 15 mL (1 tbsp) cider vinegar
- 1 trimmed boneless leg of

lamb

- 30 mL (2 tbsp) roughly chopped fresh rosemary
- 15 mL (1 tbsp) thyme leaves
- 10 mL (2 tsp) coarse sea salt

101.3 THE BOUNCE
the **9 spot**
Top 5: February 15th

- 5 Drake ft Rihanna Take Care
- 4 Marianas Trench Fallout
- 3 David Guetta ft Nicki Minaj Turn Me On
- 2 Pitbull ft Chris Brown International Love
- 1 Flo Rida ft Sia Wild Ones

Weeknights at 9
Tessa counts down the **HOTTEST 5** songs that day!

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► Workload for Mooseheads rookie goaltender entering rare stratosphere
► Mooseheads set to host Rimouski Oceanic on Thursday, Victoriaville Tigres on Friday

Fucale at his best without rest



MATTHEW WUEST
@METRONEWS.CA

Zach Fucale is almost apologetic he doesn't have a better explanation for why he isn't getting worn down.

Never mind that the Halifax Mooseheads goaltender has already logged more minutes than any 16-year-old QMJHL rookie in at least two decades, or that his increasingly heavy workload dwarfs those of Marc-Andre Fleury, Jose Theodore and Pascal Leclaire at the same age.

"You guys are wondering if I'm tired, but I'm not," says Fucale, who has started 38 of Halifax's past 42 games since incumbent Anthony Terenzio suffered a concussion on Oct. 21, not to mention five games for Quebec at the world under-17 challenge.

"I just keep playing, and I don't know what to tell you. It's just fun."

The Rosemere, Que., native quieted most skeptics last week in Quebec. He went 2-1-1 on a grueling road trip, allowing just six goals on 143 shots. His first-star performances led the Mooseheads to wins over two of the QMJHL's best teams, the Chicoutimi Saguenéens and Victoriaville Tigres.



► Mooseheads goalie Zach Fucale is fourth in the QMJHL in wins with 23.

ille Tigres.

At a slender six-foot-one and 170 pounds, Fucale's economical style is likely playing a role in his logic-defying staying power.

"I save my energy and I try not to move when I don't have to," says Fucale, who joins teammates Nathan MacKinnon and Jonathan Drouin as a top prospect to watch for the

2013 NHL draft.

"When you complicate things, that's when you end up looking bad, so I try to keep it as simple as possible."

In Sunday's start against Victoriaville, Fucale zoomed past Olivier Roy for most minutes played by a 16-year-old since at least 1992. In 44 appearances, Fucale is fourth in the

QMJHL in wins (23) and 12th in goals-against average (3.13) and save percentage (.893).

His teammates say Fucale gives them a chance to win every night.

"If you put a 200-game schedule in front of him, it wouldn't matter," says Mooseheads captain Cameron Critchlow. "He's a pretty amped-up kid. He

Sweet at 16

Most minutes played by a 16-year-old QMJHL goaltender from 1992-93 on:

RANK	SEASON	GPI	MIN
1	ZACH FUCALE, HFX	2011-12	44 2,453
2	OLIVIER ROY, CB	2007-08	47 2,428
3	S. ROUTHIER, DRU	1992-93	42 2,169
4	ROBIN GUSSE, CHI	2009-10	39 2,126
5	P.-L. THERRIEN, DRU	1995-96	37 2,073
6	PETER DELMAS, LEW	2006-07	34 1,982
7	PASCAL LECLAIRE, HFX	1998-99	33 1,827
8	J. THEODORE, ST. JEAN	1992-93	33 1,775
9	DANY DALLAIRE, DRU	1997-98	37 1,760
10	M.-A. FLEURY, CB	2000-01	35 1,704

loves to play goalie and even if he's tired, his passion takes over. He's a gamer."

If you think about it, Fucale's work is just starting. With 14 games left in the regular season, he could approach the 70-game stratosphere when everything is said and done, depending on how far the Mooseheads go in the playoffs.

Like pretty much everything opponents have thrown at him this season, that possibility doesn't faze Fucale.

"I just want to keep going and win as many games as I can," he says. "It's going to be a great time and I'm looking forward to it."

4

sports

Quoted



"I went on a bit of a tear, partying pretty much every night for a while. I went home and kinda continued it.... My dad sat me down and sorta gave me a lashing. He told me if we win two of the next three years, he'd leave me alone."

BOSTON FORWARD BRAD MARCHAND OF HAMMONDS PLAINS TO SPORTS ILLUSTRATED ON HOW HIS DAD, KEVIN, GOT HIM ON THE STRAIGHT AND NARROW AFTER THE BRUINS WON THE STANLEY CUP LAST SUMMER.

Herd's Hardie close to return

The Halifax Mooseheads could have defenceman Austyn Hardie back in their lineup as early as Thursday night.

The 17-year-old has been out since suffering a concussion on Jan. 26 but participated in full-contact practice for the first time on Wednesday. Mooseheads head coach Dominique Ducharme said Hardie "looked good" and could



► Austyn Hardie

play against the Rimouski Oceanic at the Metro Centre on Thursday.

Veteran Sawyer Hannay, meanwhile, has missed

three straight games with an upper-body injury and will likely sit out both Thursday's contest and Friday's home game against the Victoriaville Tigres.

Ducharme said Hannay — one of the Mooseheads' ice-time leaders — could return on the road either Sunday against the Bathurst Titan or next Tuesday against the Saint John Sea Dogs. ● MATTHEW WUEST

Sports in brief

SMU says coach search 'nearing conclusion'

CIS FOOTBALL. Saint Mary's University's athletic department issued a press release Wednesday to announce that its search for a new football head coach is "nearing conclusion." The program has had a va-

cant post since athletic director Steve Sarty fired head coach Steve Sumarah in early December. CTV reported Tuesday that former CFL defensive lineman Leroy Blugh was recently the unanimous pick of the selection committee but that the hiring is on hold. Sumarah, meanwhile, has taken over as head coach of the Carleton Ravens and said Tuesday he expects Huskies quarterback Jesse Mills to join him.

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► Montreal battles back in third but can't cap comeback at Bell Centre

Tyler Seguin had the only goal in the shootout as the Bruins recovered from blowing a two-goal lead to defeat the Montreal Canadiens 4-3 on Wednesday night in Boston.

The Bruins held on despite being outshot 10-2 in the third frame and allow-

ing Montreal to tie the game with goals from Max Pacioretty and Erik Cole.

Andrew Ference, Benoit Pouliot and Patrice Bergeron scored in regulation for the Bruins (35-18-2), who are 7-1 in shootouts this season.

Mathieu Darche also

scored for Montreal (23-25-10), who are 2-8 in shootouts.

Cole's goal at 11:12 of the third tied the it after a giveaway from Boston's Zdeno Chara, whose soft pass into the front of his own net was picked off in front of goalie Tim Thomas.

23-0

The Bruins maintained a perfect 23-0-0 record when leading after two periods.

THE ASSOCIATED PRESS



► Tyler Seguin scores on Carey Price in the shootout in Montreal Wednesday night.

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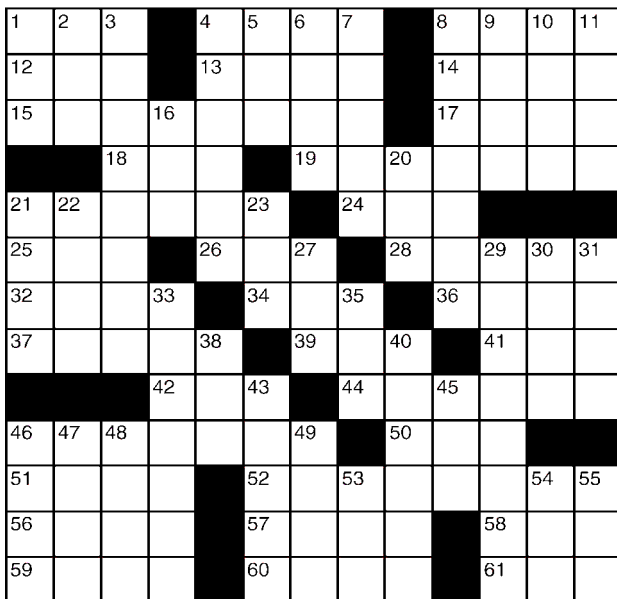
Crossword

Across

- 1 Burst
4 Answer an invite
8 Mid-June honorees
12 George's brother
13 — out (supplements)
14 Out of the storm
15 Unimprovable place
17 "— do for now"
18 Back
19 Great commotion
21 "America's Got —"
24 First st.
25 Wall climber
26 Listener
28 Distance down
32 Nap
34 Crazy
36 Avis adjective
37 Basin accessories
39 Pie filling?
41 Deteriorate
42 Last (Abbr.)
44 Political argument
46 Colored like hippie shirts
50 Website section, often
51 Opposed to
52 South American country
56 Old card game
57 Thing
58 Heady brew
59 "South Park" kid
60 Knighted woman
61 Playing marble

Down

- 1 Spot on a domino
2 "... man — mouse?"
3 Render immobile
4 Given a makeover

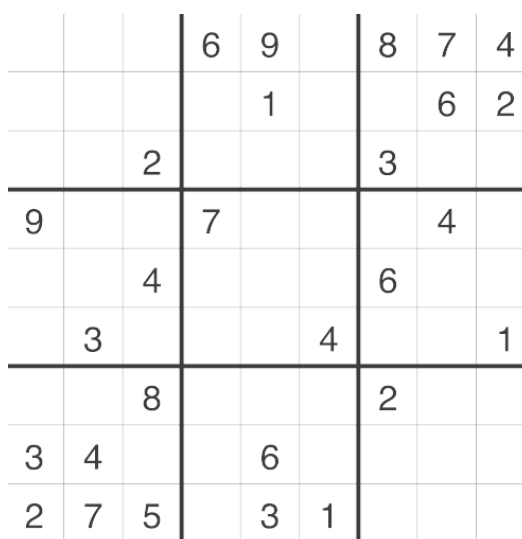


- 5 Tackle moguls
6 Two-piece suit's lack
7 Intellectual pretender
8 Company that merged with Benz in 1926
9 Choir member
10 Sandwich shop
11 Vend
16 Census stat
20 Roulette bet
21 Ocean motion
22 Acknowledge
23 Highlander's hat
27 Aries
29 Strong herbicide
30 Jog
31 Loathe
33 Scholarly
35 Flop
38 Crafty
40 Malign
43 Lukewarm
45 Satchel
46 Chore
47 Black
48 List-ending abbr.
49 Information
53 Sleep phenom
54 Carte lead-in
55 Evergreen type

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

► Yesterday's answer

4	5	2	3	9	6	1	8	7
3	1	7	8	2	4	5	9	6
6	9	8	1	5	7	2	4	3
7	2	3	5	1	8	4	6	9
9	8	6	4	7	2	3	1	5
1	4	5	9	6	3	7	2	8
2	3	1	7	8	9	6	5	4
8	6	4	2	3	5	9	7	1
5	7	9	6	4	1	8	3	2

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*To the love of my life
On this day, I simply want
to say you mean everything
to me.... and I have been
thinking of you every single
moment of every hour of
the day. SANAM*

*Brian
You have made today very
special for me.. I cannot
wait to have many more.. I
will love you forever and al-
ways. YOUR PRINCESS*

*Honey
You fill me up with inspira-
tion, passion, adornment,
love and faith. You give me
a reason to hope, dream,
and accomplish. Setting
goals with each other and
watching them come to life
is absolutely amazing. You
fulfill all my hearts desires
and all my life's wonders. I
am content and could ask
for nothing more. Happy
valentines day to you!!!!
The one and only love of my
life. RYAN*

Today's horoscope

♈ Aries March 21-April 20

You want to take a risk but you are also fearful of making a mistake. If you play safe now, you will surely regret it later on.

♉ Taurus April 21-May 21

Even if those you love think that what you are doing is wrong, they will still help you to do it today.

♊ Gemini May 22-June 21

The bigger the challenge, the more you will like it today. Even rivals will admire the way you push through against the odds.

♋ Cancer June 22-July 22 Others may say you are expecting too much of yourself but you know you have been expecting too little.

♌ Leo July 23-Aug. 23

If the old way of doing things no longer seems to work, by all means try something new.

♍ Virgo Aug. 24-Sept. 22

This is the perfect time to do something others will be talking about (for good reasons) for years.

♎ Libra Sept. 23-Oct. 23

You will do something that does not come naturally. You may discover you have a talent of which you were previously unaware.

♏ Scorpio Oct. 24-Nov. 22

Follow your instincts wherever they might lead you and don't worry that some people might think you are mad.

For today's crossword answers and for expanded horoscopes, visit metronews.ca

♐ Sagittarius Nov. 23-Dec. 21

You will have to work hard for other people today and you won't have much time for yourself.

♑ Capricorn Dec. 22-Jan. 20

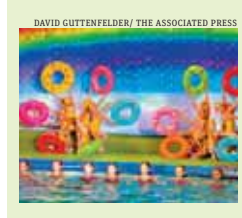
Some things you say over the next 24 hours could have those around you squirming. The truth is the truth and you won't twist it.

♒ Aquarius Jan. 21-Feb. 18

Sometimes in life you have to bend the truth a little and that seems to be the case today.

♓ Pisces Feb. 19-March 20 Mercury in your sign linked to expansive Jupiter means you are in excellent form intellectually at the moment. SALLY BROMPTON

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